

[CHITLINS RECIPE SOUL FOOD](#)



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But chitlins, like other soul food, is a traditional food made with love and strength by Black slave women so many years ago. They really put their heart and soul into their meals for their family and so it is fitting to continue that tradition. Be sure to put your soul into your chitlins when you cook them for your own family.

<http://ebookslibrary.club/Soul-Food--How-to-Cook-Chitlins--Chitterlings--Some--.pdf>

Soul Food Chitterlings Recipe How to Clean and Cook Chitlins

If you want your recipe to turn out right wash your chitlins thoroughly let me reemphasize, this is very important. Once your chitlins have thawed it's time for a good cleaning. Using one side of your sink, soak your chitlins in cold water. Examine each chitlin thoroughly removing by hand all foreign matter. The best way to do this is under running water.

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Guy pronounces Cora Faye's Southern-style chitlins 'an acquired taste.'

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Creole Chitterlings Chitlins Recipe Allrecipes com

Chitlins are the best!! thanks for this recipe. In my family we only eat chitlins during the holidays and this is a great way to cook them with some added spice. Serve over some white rice and e In my family we only eat chitlins during the holidays and this is a great way to cook them with some added spice.

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